

AUGUST 2020

Providing the very best in quality child care since 1982.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3 Fruit cup, milk	4 Waffles, milk	5 Nutrigrain bar, milk	6 Ham biscuit, milk	7 Oatmeal, milk	8
	Salisbury steak, rice, peas, fruit cocktail, milk	Pizza, carrots, mandarin oranges, milk	Cheese quesadilla, tater tots, mixed berries, milk	Baked spaghetti, corn, applesauce, milk	Mac & cheese, green beans, pineapple, milk	
	String cheese & crackers, water	Yogurt, milk	goldfish, juice	Vanilla wafers, milk	Cereal mix, milk	
	10	11	12	13	14	15
	Bagels w/ cream cheese, milk	Muffins, milk	Pancakes, milk	Grits, milk	French toast, milk	
	Baked chicken, mashed potatoes, pears, milk	Chicken nuggets, broccoli & cheese, fruit cocktail, milk	Corn dogs, sweet potato fries, mandarin oranges, milk	Taco w/ lettuce & cheese, black beans, applesauce, milk	Teriyaki chicken, rice, peas, orange slices, milk	
	Veggie straws, juice	Fig newtons, milk	Pepperoni & crackers, water	Chex mix, milk	Rice krispy treat, milk	
6	17 Cheese toast, milk	18 Biscuit & jelly, milk	19 Whole grain cereal, milk	20 Yogurt, milk	21 Waffles, milk	22
	Beef stroganoff, green beans, mandarin oranges, milk	Beefaroni, mixed veggies, pears, milk	Hamburger, baked beans, mixed berries, milk	BBQ meatballs, mashed potatoes, pineapple, milk	Lasagna, corn, fruit cocktail, milk	
	Pudding, juice	Jell-O w/ fruit, milk	Raisins* & pretzels*, milk	Animal crackers, milk	Nutrigrain bar, milk	
3	24	25	26	27	28	29
	Oatmeal, milk	Sausage biscuit, milk	Cinnamon toast, milk	Grits, milk	Whole grain cereal, milk	
	Meatballs & gravy, rice, peas, applesauce, milk	Mac & cheese, green beans, pears, milk	Hotdog, baked beans, banana, milk	Chicken alfredo, broccoli, mixed berries, milk	Spaghetti & meatballs, corn, fruit cocktail, milk	
	Rice cakes*, milk	Cereal mix, milk	Wheat thins, milk	Pretzels* & cheese, milk	Fruit cup, milk	
0	31 Yogurt w/ granola, milk					
	Chicken sandwich, mixed veggies, mandarin oranges, milk					
	Carrot sticks w/ ranch, milk					

^{*}An alternative menu option will be provided for children under 18 months.